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APPOINTMENTS

2020 Associate Professor, CUNY Graduate School of Public Health and Health Policy, New York, NY
2018-2020 Evans Family Assistant Professor, Eliot-Pearson Department of Child Study and Human Development, Tufts University, Medford MA
2017-2018 Miriam E. Nelson Tisch Faculty Fellow, Jonathan M. Tisch College of Civic Life, Tufts University, Medford MA
2014-2018 Assistant Professor, Eliot-Pearson Department of Child Study and Human Development, Tufts University, Medford MA
2014-2015 Tisch Faculty Fellow, Jonathan M. Tisch College of Citizenship and Public Service, Tufts University, Medford MA

LICENSES

2019-present Licensed Psychologist, Commonwealth of Massachusetts

OTHER AFFILIATIONS

2018 Diversity Scholar, National Center for Institutional Diversity, University of Michigan
2018 Member, NIDDK Network of Minority Health Research Investigators

EDUCATION

2013-2014 Postdoctoral Scientist, Eliot-Pearson Department of Child Study and Human Development, Tufts University, Medford, MA
2012 Ph.D, Clinical Psychology, Texas A&M University, College Station, TX
Additional Certificate: Graduate Certificate in Education & Social Sciences Advanced Research Methods
2008 M.S., Psychology, Texas A&M University, College Station, TX
2007 B.A. (summa cum laude), Psychology, CUNY – City College of New York, New York, NY

CONTINUING EDUCATION

2018 Workshop series – Responsive Survey Design, Institute for Social Research, University of Michigan
Rasch Specialization – 3 course series, statistics.com (supplemented with 2-day IRT workshop)
Modern Causal Inference: Experiments, Matching and Beyond, ICSPR Summer Program in Quantitative Methods of Social Research
2017 CELT Course Design Institute: 4-day course design workshop, Tufts University
2015-2016 CELT Faculty Learning Community – Learning Spaces: monthly faculty discussions on learning spaces and alternative teaching and learning strategies for small and large classrooms, Tufts University

SCHOLARSHIP, AWARDS, FELLOWSHIPS

2012 The Association of Former Students of Texas A&M University Distinguished Graduate Student Award – Research
2011 Susan M. Arseven '75 Make-A-Difference Memorial Award, Women in Science and Engineering
2011 U.S. Senator Phil Gramm Doctoral Fellowship for Excellence in Research, Teaching, and Mentoring

2011	American Psychological Association – Minority Fellowship Program Psychology Summer Institute Fellow
2009	Clinical Area Distinguished Student Service Award, Department of Psychology, Texas A&M University
2007-2010	Graduate Diversity Fellowship, Office of Graduate Studies, Texas A&M University
2007	Joseph E. Barmack Award for Best Honors Thesis, College of Liberal Arts and Sciences, City College of New York

RESEARCH INTERESTS

I hold a Ph.D. in Clinical Psychology with concentrations in child and adolescent psychology, and child health and pediatric psychology, as well as a graduate certificate in advanced research methods. My specific research training and expertise are in preventive health, pediatric obesity, adolescent health behavior, and secondary data analysis. Additionally, my clinical experiences with underserved families in both hospital and community settings have contributed to the importance of context and disparities to my research platform. As a result, I established and currently direct the Child Health Equity Research Lab at Tufts University which is dedicated to improving children's health, reducing adult chronic disease risk, and reducing health disparities by engaging in research focused on (1) improving the playing field in children's health through empowering parents and children to engage in healthful behaviors; (2) encouraging adolescents to be masters of their health through interventions, programming, and outreach to reduce health risk behaviors and facilitate preventive health behaviors; and (3) supporting community health through community based participatory research, community-driven programming, and community outreach and advocacy. Priority areas of research in the Child Health Equity lab include:

- Chronic disease prevention
- Child and adolescent health promotion
- Reducing health disparities and increasing health equity
- Health literacy and preventive health in underserved families and adolescents
- Pediatric obesity prevention and treatment
- Adolescent healthy lifestyle behaviors (i.e., healthy eating, physical activity, substance use)
- Mental health literacy and access/use of services to promote mental health and well-being in underserved families
- Family adjustment to chronic illnesses

RESEARCH FUNDING

CURRENT FUNDING:

Grant Title: Health literacy as a vehicle to reduce obesogenic behaviors among adolescents: A pilot intervention
Funding Agency: NIH-NIDDK, 1R21DK117345-01A1
Role: PI
Amount: \$375,000 direct costs
Period: July 1, 2019 – June 30, 2022

COMPLETED FUNDING:

Grant Title: Determining the sex difference in the relationship between health literacy, health knowledge, and health behaviors in adolescents
Funding Agency: NIH-NIDCR, Tufts Building Interdisciplinary Research Careers in Women's Health Program, 1K12HD092535-01
Role: Scholar
Amount: \$391,481 direct costs
Period: October 1, 2017 – June 30, 2020

Grant Title: Understanding teens' perspectives on marijuana use, risk perception, and parent-child communication as

the recreational law takes effect in Massachusetts
Funding Agency: Tufts Collaborates, Tufts University
Role: Co-I (PI: Margie Skeer)
Amount: \$49,973 direct costs
Period: June 1 2018 – May 31, 2019

Grant Title: Achieving whole health through a gender-responsive and culturally relevant curriculum
Funding Agency: Tisch College Community Research Center, Tufts University
Role: PI
Amount: \$11,000 direct costs
Period: November 1 2017 – June 30, 2018

Grant Title: Social justice for health
Funding Agency: Tisch College Faculty Fellow Grant, Tufts University
Role: PI
Amount: \$7,300 direct costs
Period: September 1 2017 – August 31, 2018

Grant Title: Social justice for health
Funding Agency: Faculty Research Awards Committee Grants-in-Aid, Tufts University
Role: PI
Amount: \$1,961 direct costs
Period: September 1 2017 – August 31, 2018

Grant Title: Understanding dietary behaviors in middle childhood: The role of autonomy, health literacy, and food literacy
Funding Agency: Tufts Collaborates, Tufts University
Role: PI
Amount: \$49,468 direct costs
Period: June 1 2017 – May 31, 2018

Grant Title: A parent-focused intervention to increase parent health literacy and healthy lifestyle choices for young children and families
Funding Agency: The Institute for Obesity Research and Program Evaluation, Texas A&M University
Role: PI
Amount: \$4,500 direct costs
Period: October 1 2010 – September 30, 2011

Grant Title: A parent-focused intervention to increase parent health literacy and healthy lifestyle choices for young children and families
Funding Agency: College of Liberal Arts Dissertation Award, Texas A & M University
Role: PI
Amount: \$4,000 direct costs
Period: November 1 2009 – October 31, 2010

Grant Title: Home and community factors affecting children's physical activity and healthful eating in the summer
Funding Agency: Program for Rural and Minority Health Disparities (PRMHD) - joint effort by the Center for the Study of Health Disparities (TAMU) and School of Rural Public Health (TAMHSC)
Role: PI
Amount: \$4,641 direct costs
Period: June 1 2008 – May 31, 2009

UNFUNDED

Grant Title: Health literacy as a vehicle to reduce obesogenic behaviors among adolescents: A pilot intervention.
Funding Agency: Charles H. Hood Foundation
Role: PI

Grant Title: Health literacy and adolescents' cancer-related health behaviors
Funding Agency: American Cancer Society
Role: PI

Grant Title: Developing and testing multiple health-risk behavior metrics across chronic disease biomarkers
Funding Agency: NIH, NCI, OBSSR
Role: PI

PUBLICATIONS**PEER-REVIEWED JOURNAL ARTICLES** (* denotes graduate students)

1. **Fleary, S. A.** & *Joseph, P. Health literacy and health decision-making in adolescents: A qualitative inquiry. *American Journal of Health Behavior* (accepted for publication)
2. *Joseph, P. & **Fleary, S. A.** Defining and understanding health literacy: Adolescents' Perspectives. *Journal of School Health* (accepted for publication)
3. **Fleary, S. A.**, *Joseph, P. & Chang, H. (2020) Applying the Information-Motivation-Behavioral Skills Model to explain adolescents' fruits and vegetables consumption. *Appetite*, 147, 104546.
doi.org/10.1016/j.appet.2019.104546
4. **Fleary, S. A.**, Nigg, C. R., & Mehl, R. Predicting Hawaiian Youths' Physical Activity and Fruit and Vegetable Consumption: A 10-Year Cohort Study. *Journal of Physical Activity & Health* (accepted for publication).
5. **Fleary, S.A.**, Paasche-Orlow, M., Freund, K., & *Joseph, P. (2019). The Relationship Between Health Literacy, Cancer Prevention Beliefs, and Cancer Prevention Behaviors. *Journal of Cancer Education*, 34(5), 958-965.
doi:10.1007/s13187-018-1400-2
6. **Fleary, S. A.**, & Ettienne, R. (2019). Social disparities in health literacy. *Health Literacy Research and Practice*, 3(1), 47-52. doi:10.3928/24748307-20190131-01
7. **Fleary, S.A.** & Ettienne, R. (2019). The relationship between food parenting practices, parental diet and their adolescents' diet. *Appetite*, 135, 79-85.
8. **Fleary, S. A.**, *Joseph, P., *Zhang, E., & *Quiron, C. (2019). "They give you back that dignity": Understanding the intangible resources that make a transitional house a home for homeless families. *Journal of Social Distress and the Homeless*, 28(1), 72-84. doi: 10.1080/10530789.2019.1573465.
9. **Fleary, S. A.** (2019). Association between medical home status and demographic characteristics in US children. *Clinical Pediatrics* 58 (3), 270-281. doi: 10.1177/0009922818813568
10. **Fleary, S.A.**, & Nigg, C. R. (2019). Trends in health behavior patterns among US adults, 2003-2015. *Annals of Behavioral Medicine*, 23(1), 1-15.
11. **Fleary, S. A.**, Nigg, C. R., & Freund, K. (2018). An examination of changes in social disparities in health behaviors in the US, 2003-2015. *American Journal of Health Behavior*, 42(1), 119-134.
12. Allen, J. D., Akinyemi, I., Reich, A., **Fleary, S. A.**, Tendulkar, S. & Lamour, N. (2018). African American women's involvement in promoting informed decision-making for prostate cancer screening among their partners/spouses. *American Journal of Men's Health*, 12(4), 884-893. doi: 10.1177/1557988317742257.
13. **Fleary, S. A.**, *Joseph, P., & *Pappagionapolous, J. (2018). Adolescent health literacy: A systematic review. *Journal of Adolescence*, 62, 116-127.
14. **Fleary, S. A.**, Tagorda, M., Kim, S., Rathke, M., & Nigg, C. R. (2018). Validating stages of change for obesogenic behaviors across Filipino and other Asian-American and Pacific Islander adolescents. *Journal of Racial and Ethnic Health Disparities*, 5(3), 504-513. doi: 10.1007/s40615-017-0392-7
15. **Fleary, S. A.**, & Freund, K. M. (2017). Social Disparities in Obesogenic Behaviors in Adolescents. *Journal of Racial and Ethnic Health Disparities*, 1-10.
16. **Fleary, S. A.** (2017). Combined Patterns of Risk for Problem and Obesogenic Behaviors in Adolescents: A Latent Class Analysis Approach. *Journal of School Health*, 87(3), 182-193.

17. Nigg, C.R., **Fleary, S.A.**, Eklund, K., & Quituga, J. (2017) Increasing active physical education in the Commonwealth of Northern Mariana Islands: Sports, Play, and Active Recreation for Kids. *International Journal of Health Promotion and Education*, 5(1) 3-17. doi: 10.1080/14635240.2016.1193762
18. **Fleary, S. A.**, & Ettienne-Gittens, R. (2014). Inherited or Behavior? What causal beliefs about obesity are associated with weight perceptions and decisions to lose weight in a U.S. sample? *International Scholarly Research Notices*, 2014, 10 pages, doi: 10.1155/2014/632940
19. **Fleary, S. A.**, Taylor, A., Heffer, R. W., & McKyer, E. L. J. (2013). Parent and peer influence on pain medication recreational use: Are their influences similar to that of marijuana use? *ISRN Addiction*, 2013, 8 pages. doi:10.1155/2013/236249
20. **Fleary, S. A.**, Heffer, R.W., McKyer, E. L. J, & Taylor, A. (2013). A parent-focused pilot intervention to increase parent health literacy and healthy lifestyle choices for young children and families. *ISRN Family Medicine*, 2013, 11 pages. doi:10.5402/2013/619389
21. **Fleary, S. A.**, Ettienne-Gittens, & R. Heffer, R. W. (2013) Perceptions of preventive health care and healthy lifestyle choices for low income families: A qualitative study. *ISRN Preventive Medicine*, 2013, 6 pages. doi:10.5402/2013/189180
22. **Fleary, S. A.**, Heffer, R. W., & McKyer, E. L. J. (2013) Understanding nonprescription and prescription drug misuse in late adolescence/young adulthood. *Journal of Addiction*, 2013, 8 pages. doi:10.1155/2013/709207
23. **Fleary, S. A.** & Heffer, R. W. (2013). Impact of growing up with a chronically ill sibling on well siblings' late adolescent functioning. *ISRN Family Medicine*, 2013, 8 pages. doi:10.5402/2013/73756
24. **Fleary, S. A.**, Heffer, R. W., & McKyer, E. L. J. (2010). Dispositional, ecological and demographic influences on adolescent tranquilizer, Ritalin, and narcotics misuse. *Journal of Adolescence*, 34(4).
25. **Fleary, S. A.**, Heffer, R. W., McKyer, E. L. J. & Newman, D. (2010). Using the Bioecological Model to predict risk perception of marijuana use and reported marijuana use in adolescence. *Addictive Behaviors*, 35, 795-798.

SELECTED PUBLISHED ABSTRACTS (*denotes graduate students, ** undergraduate students)

1. *Joseph, P., **Dougherty, A., **Dimaano, P., & **Fleary, S. A.** (2019). "Everybody here would eat healthy. It's just the fact that it's against us": Health beliefs and preventive health behaviors. *Annals of Behavioral Medicine*, 53 (suppl 1), s533. Presented at the 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
2. **Fleary, S. A.**, *Joseph, P., **Dimaano, P., & Huang, C. (2019). Preliminary evaluation of the Achieving Whole Health Program in Asian American adolescent girls. *Annals of Behavioral Medicine*, 53 (suppl 1), s326. Presented at the 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
3. **Fleary, S. A.**, *Joseph, P., & **Dimaano, P. (2019). Social Justice for Health: A pilot intervention to improve 10-13-year-old's critical health literacy. *Annals of Behavioral Medicine*, 53 (suppl 1), s31. Presented at the 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
4. **Fleary, S. A.** (April 2017). Do as I say not as I do: The relationship between parents' diet and their attitudes towards their adolescents' diet. *Annals of Behavioral Medicine*, 51, s142-s143. Presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
5. **Fleary, S. A.**, Nigg, C. R., & Freund, K. (2016). Disparities in Health Behaviors in the US over the Last Decade *Annals of Behavioral Medicine*, 50, S262. Presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
6. **Fleary, S.A.**, Ettienne-Gittens R., Heffer, R.W. (April, 2013). What about your friends? The influence of parents and friends on the nutrition and PA behaviors of college students. *Annals of Behavioral Medicine*, 45, s280. Presented at the 34th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
7. Ettienne-Gittens R., **Fleary, S. A.**, Heffer, R. W. (2013). College smarts: Investigating the nutrition knowledge and health behavior of students in Texas. *Annals of Behavioral Medicine*, 45, s281. Presented at the 34th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
8. **Fleary, S. A.**, Ettienne-Gittens, R., Heffer, R. W., McKyer, E. L. J. (April, 2011). Perceptions of preventive health care and healthy lifestyle choices for low income families. *Annals of Behavioral Medicine*, 41, s5. Presented at the 32nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.

9. Ettienne-Gittens, R., **Fleary, S. A.**, Heffer, R. W., McKyer, E. L. J. (April, 2011). Risk and protective factors for preventive health care and healthy lifestyle choices in low income families. *Annals of Behavioral Medicine*, 41, s1. Presented at the 32nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.

SELECTED MANUSCRIPTS UNDER REVIEW (*denotes graduate students)

1. **Fleary, S. A.** Providers' anticipatory guidance conversations with adolescents: The role of family-centered care and children with special health care needs status.
2. **Fleary, S. A.**, *Joseph, P., Freund K., & *Zhang, E. National trends in disparities in diet/nutrition and sedentary and physical activity in adolescents: 2005-2017.
3. **Fleary, S. A.**, *Joseph, P., **Dimaano, P. & **Dougherty, A. What is preventive health? It depends on who you ask.
4. *Joseph, P. & **Fleary, S. A.** Associations between self-efficacy, food insecurity, and dietary behaviors in adolescents.

SELECTED MANUSCRIPTS IN PROGRESS (*denotes graduate students, ** undergraduate students)

1. **Fleary, S. A.** A systematic review of the Information-Motivation-Behavioral Skills Model in obesity prevention and treatment interventions.
2. **Fleary, S. A.**, **Dimaano, P., Leary, J., *Joseph, P. A qualitative assessment of adolescents' interactive and critical health literacy skills.
3. *Joseph, P. & **Fleary, S. A.** Trends in adolescent preventive health and health risk behavior patterns, 2005-2017.
4. *Joseph, P., Goncalves, C. & **Fleary, S. A.** Psychosocial correlates in patterns of adolescent emotional eating and dietary behaviors.

SELECTED CONFERENCE PAPERS AND PRESENTATIONS (*denotes graduate students)

1. **Fleary, S. A.**, Joseph, P.*, Zhang, E.*, Freund, K. M. (June 2020). A Cross-Sectional Examination of Social Disparities in Fruit/Vegetables Intake, Physical Activity, and Sedentary Activity in Adolescents, 2005-2017. Paper to be presented in Symposium on Identifying Points of Intervention for Youths' Physical Activity, Healthy Nutrition, and Sedentary Behavior: Levels, Prevalence, and Disparities at International Society of Behavioral Nutrition and Physical Activity 2020 Annual Meeting, Auckland, New Zealand. (Canceled due to COVID-19).
2. **Fleary, S. A.** (April 2020). Reading, Writing, Health Literacy: Libraries as Health Spaces. Paper to be presented in Symposium on Future Directions of Behavioral Medicine: Perspectives from the Next Generation at the 41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA. (Canceled due to COVID-19).
3. **Fleary, S. A.**, *Joseph, P., Dimaano, P. B. (April 2020). The Relationship Between Parent Health Literacy and Children's Health Literacy and Eating Behaviors. Paper to be presented at the 41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA. (Canceled due to COVID-19)
4. *Joseph, P., **Fleary, S. A.** (April 2020). #DoubleTap4Health: Pilot of a Community-Based Social Media Health Promotion Program for Adolescents. Poster to be presented at the 41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA. (Canceled due to COVID-19)
5. Dimaano, P. B., *Joseph, P., **Fleary, S. A.** (April 2020). Determining the Role of Social Determinants of Health and Health Literacy in Adults' Maladaptive Eating Behaviors. Poster to be presented at the 41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA. (Canceled due to COVID-19)
6. *Joseph, P., **Fleary, S. A.** (March 2020). Psychosocial correlates in patterns of adolescent emotional eating and dietary behaviors. Paper to be presented at the 2020 Biennial Meeting of the Society for Research on Adolescence, San Diego, CA. (Canceled due to COVID-19)
7. Dimaano, P. B., *Joseph, P., **Fleary, S. A.** (March 2020). The Effect of Loneliness and Parental Support for Media Use on the Relationship Between Self-Efficacy and Media Use in Adolescents. Poster to be presented at the 2020 Society of Pediatric Psychology Annual Conference, Dallas, TX. (Canceled due to COVID-19)
8. **Fleary, S. A.**, & *Joseph, P. (May 2019). Applying the Information-Motivation-Behavioral Skills Model to Explain Adolescents' Fruits and Vegetables Consumption. Presented at the Society for Prevention Research 27th Annual Meeting, San Francisco, CA.

9. **Fleary, S. A., & *Joseph, P.** (May 2019). Connecting Adolescents' Health Literacy and Health Decision-Making Using Qualitative Data. Presented at the Society for Prevention Research 27th Annual Meeting, San Francisco, CA.
10. *Joseph, P., & **Fleary, S. A.** (May 2019). Acquired Health: The Role of Cultural Health Capital in Adolescent Obesity-Prevention Behaviors. Presented at the Society for Prevention Research 27th Annual Meeting, San Francisco, CA.
11. *Joseph, P., & **Fleary, S. A.** (May 2019). Autonomy and Health Literacy in Children's Fruits and Vegetable Consumption. Presented at the Society for Prevention Research 27th Annual Meeting, San Francisco, CA.
12. **Fleary, S. A.** (April 2018). In their own words: How adolescents define health literacy. Presented at the 39th Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
13. *Joseph, P., *Pappagianopoulos, J., & **Fleary, S.A.** (April 2018). Insta-information: Social endorsement and young adults' perception of social media delivered health information. Presented at the 39th Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
14. *Joseph, P., *Pappagianopoulos, J., & **Fleary, S. A.** (October 2017). Too Much Information, Little Guidance: Adolescents' Perception of Using Health Literacy to Manage their Health. Presented at the 10th Biennial Meeting of the Society for the Study of Human Development, Providence, RI.
15. *Joseph, P., & **Fleary, S. A.** (October 2017). More than Media: Examining Collective Efficacy in the Association Between Adolescent Media Use and Obesity. Presented at the 10th Biennial Meeting of the Society for the Study of Human Development, Providence, RI.
16. **Fleary, S. A.** (May 2017). Chair/Organizer Brown Bag Special Interest Group: Health literacy in prevention research. Presented at the Society for Prevention Research 25th Annual Meeting, Washington, DC.
17. **Fleary, S. A.** (May 2017). The Role of Social Determinants of Health and Medical Home Status in Caregivers' Perception of Health Provider Communication Society for Prevention Research 25th Annual Meeting, Washington, DC.
18. *Joseph, P., *Pappagianopoulos, J., *An, H. J., & **Fleary, S. A.** (May 2017). Understanding Indicators of Adequate Health Services in the Relationship Between Screen Time and Adolescent Obesity. Presented at Society for Prevention Research 25th Annual Meeting, Washington, DC.
19. *Joseph, P., & **Fleary, S. A.** (May 2017). Beyond Self-efficacy: Examining social disparities in access to healthy food and adolescents' dietary behavior. Presented at Association for Psychological Science 29th Annual Convention, Boston, MA.
20. *An, H. J., *Zhang, E., & **Fleary, S. A.** (May 2017). Neighborhood matters: Understanding adolescents' mental health in a community context. Presented at Association for Psychological Science 29th Annual Convention, Boston, MA.
21. **Fleary, S. A.** (April 2017). Do as I say not as I do: The relationship between parents' diet and their attitudes towards their adolescents' diet. Presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
22. **Fleary, S. A.,** Tagorda, M., Kim, S., Rathke, M., & Nigg, C. R. (April 2017). Validating stages of change for obesogenic behaviors across adolescent minorities. Presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
23. *Pappagianopoulos, J., & **Fleary, S. A.** (April 2017). To smoke or not to smoke: The pathway between risk perception and smoking behavior among adolescents affected by asthma. Presented at the 2017 Society of Pediatric Psychology Annual Conference, Portland, Oregon.
24. **Fleary, S. A.,** Arthur, T. M., & Ettienne, R. (November 2015). Social disparities in health literacy and its relationship with health promoting behaviors. Presented at the 7th Health Literacy Annual Research Conference, Bethesda, MD.
25. **Fleary, S. A.** and Nigg, C. R. (April, 2015). A snapshot of health behavior patterns in the US in the last decade. Presented at the 36th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX.
26. Calles, I. M., **Fleary, S. A.,** Heffer, R. W., & Taylor, A. (October 2012). *Patterns of social and emotional challenges in children with diabetes.* Presented at the National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.

27. **Fleary, S. A.**, Ettienne-Gittens, R., Calles, I., & Heffer, R. W. (April 2012). *Beliefs about obesity, weight perceptions, and modifiable obesity-related behaviors in a national sample*. Presented at the 33rd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
28. Ettienne-Gittens, R., **Fleary, S. A.**, & Heffer, R. W. (April 2012). *A tale of two ethnicities: Comparing the fruit and vegetable consumption patterns of Hispanics in Puerto Rico with Hispanics in the U.S. using the Health Information National Trends Survey (HINTS)*. Presented at the 33rd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
29. Heffer, R. W., Saenz, J., **Fleary, S. A.**, Arms, D., & Limbers, C. A. (September 2011). *Group Social Skills Training for Children with Asperger's Syndrome: Intervention Effectiveness and Health-Related Quality of Life Correlates*. Presented at the Society for Developmental and Behavioral Pediatrics 2011 Annual Meeting, San Antonio, TX.
30. Shelton, K., Clicque, C., Lira, A., **Fleary, S.A.**, Heffer, R. W. (April, 2011). *The impact of growing up with a chronically or terminally ill sibling: Interviews with young adults*. Poster Presentation at the National Conference in Child Health Psychology, San Antonio, TX.
31. Arms, D., Ramirez, A. L., **Fleary, S. A.**, Heffer, R. W., & Perez, M. (April, 2011). *Determining healthcare needs of children and families and implementing health promotion along the rural Texas-Mexico Border – The Colonias*. Presented at the National Conference in Child Health Psychology, San Antonio, TX.
32. Arthur, T. M., **Fleary, S. A.**, McKyer, E. L., Carter, A. R. (November, 2010). *African American mothers' knowledge, attitudes, and perceptions of childhood obesity and prevention*. Presented at the 138th Annual Meeting of the American Public Health Association, Denver, CO.
33. **Fleary, S. A.**, Heffer, R. W., & McKyer, E. L. J. (October, 2010). *Understanding the social and ecological differences between children in different weight classifications*. Presented at the Kansas Conference in Clinical Child and Adolescent Psychology: Translating Research into Practice, Lawrence, KS.
34. **Fleary, S. A.**, Heffer, R. W., DeSantos, M., Frazier, C., & Arms, D. (October, 2010). *The effect of parent involvement on late adolescents' OTC pain medication misuse*. Presented at the Kansas Conference in Clinical Child and Adolescent Psychology: Translating Research into Practice, Lawrence, KS.
35. Turner, T. L., **Fleary, S. A.**, Thompson, K. V., Fine, V., Blake, J. J., Dyer, A., & Lease, A. M. (August, 2009). *Psychological adjustment of relationally aggressive girls: does friendship quality matter?* Presented at the American Psychological Association 117th Annual Convention, Toronto, On, CAN.
36. **Fleary, S. A.** (April, 2009). *Influences on children's physical activity in the summer*. Presented at the Student Research Symposium, Texas A&M University School of Rural Public Health, College Station, TX.
37. **Fleary S. A.**, Heffer, R. W., & McKyer, E. L. J. (April, 2009). *Individual variables and peer influence on adolescent tranquilizer and Ritalin misuse*. Presented at the Midwest Conference in Pediatric Psychology, Kansas City, Missouri.
38. **Fleary, S. A.**, Heffer, R. W. & McKyer, E. L. J. (April, 2008). *Application of the Bioecological Model and the Health Belief Model to self-reported health risk behaviors in adolescents in the United States*. Presented at the National Conference in Child Health Psychology, Miami, FL.
39. Gallagher, R., **Fleary, S. A.**, & Abikoff, H. (November, 2007). *The Children's Organizational Skills Scale (COSS): Comparing children with ADHD and typical development on organization, time management, and planning behaviors*. Presented at the Special Interest Group Poster Exposition of the Annual Meeting of the Association for Behavior and Cognitive Therapy, Philadelphia, PA.

TEACHING EXPERIENCE

GRADUATE AND UNDERGRADUATE INSTRUCTION (UG = undergraduate, G = graduate, UG/G = both)

2020	CUNY School of Public Health and Health Policy, New York NY Instructor Fall: Applied Mixed Methods in Community Health Research (G)
2020	Tufts University, Medford MA Instructor Spring: Pediatric Psychology (UG/G)
2019	Tufts University, Medford MA

- Instructor
Fall: Contemporary Issues in Physical and Mental Health in Childhood (UG);
- 2017 Tufts University, Medford MA
Instructor
Spring: Contemporary Issues in Physical and Mental Health in Childhood (UG); Pediatric Psychology (UG/G)
- 2016 Tufts University, Medford MA
Instructor
Spring: Theories of Preventive Health (G)
- 2015 Tufts University, Medford MA
Instructor
Spring: Theories of Preventive Health (UG/G)
Fall: Adolescent Health (UG/G); Pediatric Psychology (UG/G); Child Health (UG)
- 2014 Tufts University, Medford MA
Instructor
Spring: Clinical Social Interventions for Children with Emotional and Behavioral Problems in School Settings (UG/G)
Fall: Adolescent Health (UG/G); Pediatric Psychology (UG)
- 2013 Tufts University, Medford MA
Instructor
Fall: Theories of Preventive Health (UG/G)
- 2013 Swedish Institute, School of Nursing, New York, NY
Instructor
Spring: Developmental Psychology (UG)
- 2010-2011 Texas A&M University, Department of Psychology, College Station, TX
Instructor
Fall/Spring: Psychology of Adolescence (UG)
- 2010 Texas A&M University, Department of Psychology, College Station, TX
Graduate Teaching Assistant
Spring: Experimental Psychology (UG)
- 2008-2010 Texas A&M University, Department of Psychology, College Station, TX
Graduate Teaching Assistant
Spring: Principles of Behavior (UG)
Summer: Psychology of Adjustment (UG)

THESIS AND DISSERTATION COMMITTEES

- Ongoing Dissertation Committee Member and Primary Advisor, Patrece Joseph
Dissertation Committee Member and Second Advisor, Natalya Zaika
MA Thesis Committee Chair, Carolina Goncalves
- 2020 MA Thesis Committee Chair, Yeeun Koo
MA Thesis Committee Chair, Jessica Somogie
Undergraduate Honors Thesis Committee Member, Aneya Souza
- 2019 MA Thesis Committee Chair, Emily Fuller
- 2018 MA Thesis Committee Chair and Advisor, HeeJae An
Dissertation Committee Member and Second Advisor, Etya Fremont

2017	Undergraduate Honors Thesis Chair and Advisor, Scott Halperin MA Thesis Committee Chair, Jessica Pappagianopoulos
2016	MA Thesis Committee Chair and Advisor, Patrece Joseph
2015	MA Thesis Committee Member, Rachel Rubin MA Thesis Committee Member, Ana Carvahlo MA Thesis Committee Member, Natalya Zaika Dissertation Committee Member and Second Advisor, Jen Agans

MASTER'S CAPSTONE ADVISING

2017	Advisor, Seoyoung Lim
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STUDENT RESEARCH MENTORING

Spring 2020	<i>Graduate students:</i> 3 PhD, 3 MA <i>Post bachelors:</i> 1 post-BS <i>Undergraduate students:</i> 8
Fall 2019	<i>Graduate students:</i> 2 PhD, 3 MA <i>Post bachelors:</i> 1 post-BS <i>Undergraduate students:</i> 6
Summer 2019	<i>Graduate students:</i> 1 PhD <i>Post bachelors:</i> 1 post-BS <i>High school:</i> 2 students via the Tufts Summer Research Experience Program
Spring 2019	<i>Graduate students:</i> 1 PhD, 3 MA <i>Undergraduate students:</i> 10
Fall 2018	<i>Graduate students:</i> 1 PhD, 2 MA <i>Undergraduate students:</i> 9
Summer 2018	<i>Graduate students:</i> 1 PhD, 2 MA <i>Undergraduate student:</i> 1
Spring 2018	<i>Graduate students:</i> 1 PhD, 6 MA <i>Undergraduate students:</i> 3
Fall 2017	<i>Graduate students:</i> 1 PhD, 6 MA <i>Undergraduate students:</i> 4
Summer 2017	<i>Graduate students:</i> 1 PhD <i>Undergraduate students:</i> 2
Spring 2017	<i>Graduate students:</i> 1 PhD, 5 MA <i>Undergraduate students:</i> 4
Fall 2016	<i>Graduate students:</i> 1 PhD, 5 MA <i>Undergraduate students:</i> 3
Summer 2016	<i>Graduate students:</i> 1 MA
Spring 2016	<i>Graduate students:</i> 2 MA <i>Undergraduate students:</i> 5
Fall 2015	<i>Graduate students:</i> 2 MA <i>Undergraduate students:</i> 6
Summer 2015	<i>Undergraduate students:</i> 2

Spring 2015

*Undergraduate students: 2***CLINICAL EXPERIENCE**

- 2011-2012 Mt. Washington Pediatric Hospital, Baltimore, MD
Predoctoral Pediatric Psychology Intern
Rotations: Weigh Smart Program (Center for Pediatric Weight Management and Healthy Living),
Pediatric Psychology Consultation/Liaison, Outpatient Therapy, Assessment
- 2010-2011 University Pediatrics Too, College Station, TX
Pediatric Psychology Practicum Therapist
- 2009-2011 TAMU Psychology Clinic, Texas A&M University, College Station, TX
Practicum Evaluator
- 2008-2011 TAMU Psychology Clinic, Texas A&M University, College Station, TX
Practicum Therapist
- 2008-2011 Brazos Valley Rehabilitation Center, Bryan, TX
Group Therapist
Social Skills Training Group for Children with Asperger's Syndrome and High Functioning Autism
- 2010 Kingdom Ranch Summer Camp, Snook, TX
Group Therapist
Social Skills/Friends Skills Training
- 2009 Department of Psychiatry and Psychology, Texas Children's Hospital at Baylor
College of Medicine, Houston, TX
Pediatric Psychology Practicum Therapist
- 2008 Barbara Bush Parenting Center, College Station, TX
Group Therapist
Coping Group Therapy for Children of Divorce Parents
- 2008 Brazos Valley Rehabilitation Center, Bryan, TX
Group Therapist
Coping Skills Group for Siblings of Children with Asperger's Syndrome and High Functioning Autism

SERVICE

SERVICE TO CUNY GRADUATE SCHOOL OF PUBLIC HEALTH**Department Level**

2020-present Member, Curriculum Committee

SERVICE TO TUFTS UNIVERSITY**University Level**

2019-2020 Awards Committee

2018-2020 First Gen Advisor

2015-2020 Committee on Student Life

Department Level

2019-2020 Chair, Licensure and Programs Task Force

2019-2020 Master's Program Committee

2015-2017 Master's Program Committee

- 2015-2017 Advisor, Child Study and Human Development Graduate Student Organization
 2014-2017 Child Health Committee

SERVICE TO PROFESSION

- 2018-present SIG Co-Chair, Child and Adolescent Health Literacy Special Interest Group, International Health Literacy Association
 2018-present Member, Society for Research on Adolescence Equity, Inclusion and Social Justice Committee
 2013-present Ad hoc Reviewer, Journal of Health Care for the Poor and Underserved, Journal of Substance Use, Journal of Sports Sciences, American Journal of Public Health, American Journal of Preventive Medicine, Journal of Health Communication, Hawai'i Journal of Medicine and Public Health, Health Education and Research, Health Promotion and Practice, Journal of Applied Developmental Psychology, Health Literacy Research and Practice, International Journal of Public Health, Journal of Cancer Education, Journal of Adolescent Health, Journal of Research on Adolescence
 2018-2020 Consulting Editor, Clinician Research Digest: Child and Adolescent Populations
 2015-2017 Abstract Reviewer, Annual Meeting of the Society of Behavioral Medicine, Child and Family Track
 2012-2017 Member, Society of Behavioral Medicine Membership Council
 2010 –2013 Junior Reviewer, Journal of Pediatric Psychology
 2009-2013 Special Interest Committee Member, Society of Pediatric Psychology Diversity Committee
 2009-2012 Student Representative, Society of Behavioral Medicine Membership Council
 2009-2012 Mentored Student Reviewer, Journal of Pediatric Psychology
 2009-2010 College of Liberal Arts Representative, Texas A&M Graduate Student Council Awards Committee
 2009-2010 Membership Chair, Society of Behavioral Medicine Student SIG

SERVICE TO COMMUNITY

- 4/2019-present Advisor/Consultant, Food Security Task Force, City of Medford Board of Health, Medford, MA
 3/2019-present Member of Advisory Board, Medford Public Schools Center for Citizenship and Social Responsibility, Medford, MA
 2015-present Member of Advisory Committee, Volunteer Mental Health Advocates Program, Somerville, MA
 6/2015- 5/2016 Board Member, The Haitian Coalition (formerly the Somerville Haitian Coalition), Somerville, MA

PROFESSIONAL MEMBERSHIPS

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- American Psychological Association, Member
 International Health Literacy Association, Member
 Society for Research on Adolescence, Member
 Society of Behavioral Medicine, Member
 Society of Clinical Child and Adolescent Psychology, Member
 Society of Pediatric Psychology, Member
 Society for Health Communication, Member
 Society for Prevention Research, Member
 Golden Key International Honor Society, Member
 Psi Chi, National Honor Society in Psychology, Member

INVITED TALKS

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- April, 2019. Leveraging Health Literacy to Improve Adolescents' Health Behaviors. College of Health Sciences and Nursing, University of Massachusetts, Boston, Boston, MA.

- April, 2019. Reading, Writing, Arithmetic...Health Literacy?: Laying the Foundation in Childhood for Personal and Community Health Advocacy. Inaugural Evans Family Professorship Lecture. Tufts University, Medford, MA.
- April, 2019. Leveraging Health Literacy to Improve Adolescents' Health Behaviors. CUNY School of Medicine, New York, NY.
- November, 2018. Panelist, The Juul Room: Schools, Teens, and Vaping. Eliot-Pearson Department of Child Study and Human Development, Tufts University, Medford MA.
- September, 2018. Semester Planning Workshop. Eliot-Pearson Department of Child Study and Human Development, Tufts University, Medford MA.
- September, 2018. Health Literacy? Child and Adolescent Development? What's the Connection? Lynch School of Education, Boston College, Chestnut Hill MA.
- April, 2018. Panelist in the Tufts Presidential Symposium on Community Partnerships. Theme: With communities, for communities: The promise of engaged research. Tufts University, Medford MA.
- September, 2017. Mental health and stigma in immigrant populations: Observations from the field. Tufts Addressing Disparities in Asian Populations through Translational Research. Tufts University School of Medicine, Boston, MA.
- June, 2014. Targeting health literacy to improve preventive health and healthy lifestyle choices for underserved families. Social Sciences Librarian Boot Camp. Harvard Business School, Cambridge, MA.
- November & December, 2013. I can't do it! Making tasks doable for your child with ADHD. Healey School, Somerville, MA.

MEDIA COVERAGE

- November, 2019. Interviewed for *How Sesame Street Addresses Issues Like Addiction*. Tufts Now, November 13, 2019. Authored by Kalimah Knight.
- December, 2017. Quoted and research cited in *When a sibling dies, or has a serious illness*. NY Times, December 12, 2017. Authored by Abby Ellin.
- December, 2017. Expert panelist on Words and Music Series: *Body, Mind and Spirit: An exploration of the connections between mental, physical, and emotional health in the changing family*. Aired on December 1, 2017 on Medford Community Media, archived on Youtube.

OTHER PUBLIC ENGAGEMENT

- June, 2018. Collaborating author on the [Society of Behavioral Medicine Opposes the Forced Separation of Migrant Children from their Families](#).
- June, 2018. Collaborating author on the [Society of Behavioral Medicine Statement on Reunification of Migrant Children with their Families: A Solutions-Oriented Approach](#).